J-1 Au Pair DS-160 Sample for a Brazilian Applicant

DS160.io

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DS-160 form · Generated on November 13, 2026

See how a fictional au pair from Brazil joining a host family in Virginia answered the DS-160, including her sponsor as payer and U.S. contact, the study question and her contacts at home. Know what the form asks before you start your own.

This is a fictional example for educational purposes, not an official or pre-approved application. Your DS-160 answers must reflect your own circumstances. Do not copy the sample answers unless they are independently true for you.

Before you start: information you'll want ready

The form will ask for

- Your passport
- Your Form DS-2019, for your SEVIS ID, program number and program dates
- Your host family's address in the U.S.
- Your sponsor's address and phone, and the name and email of your contact there
- The name and address of the school where you plan to take your courses
- Two people in your home country who know you, with their addresses, phones and emails

Helpful to have nearby

- Your employer's address and phone, your start date and your monthly income
- Your university's address and the dates you attended
- Your social media usernames from the last five years
- A recent photo that meets the U.S. visa photo rules

Questions applicants commonly get stuck on

How this fictional applicant answered, why, and what to check for your own form. Answer for your own situation, which may differ.

3.2	Have you made specific travel plans?	No
	Please provide an explanation of your travel plans.	
	Arrival Date	February 11, 2027
	Intended length of stay in the U.S.	12
	Time period	MONTH(S)

Why Mariana has not booked her flight, so she answers No and gives the date she expects to arrive and a stay of 12 months, the length of her program.

For your application Take your program dates from your DS-2019. Exchange visitors can enter the U.S. up to 30 days before the program start date.

3.3	*Address where you will stay in the U.S.*	
	Address Line 1	4118 MAPLE RIDGE RD
	Address Line 2	*Not answered*
	City	FAIRFAX
	State	VIRGINIA
	Zip Code	22030
	Person/Entity Paying for Your Trip	OTHER COMPANY/ORGANIZATION
	Provide the following information:	
	Name of Company/Organization Paying for Trip	HOMESTEAD AU PAIR EXCHANGE
	Telephone Number	6175550142
	Relationship to You	SPONSOR
	Address of Company/Organization Paying for Trip	
	Street Address (Line 1)	880 CONGRESS ST
	Street Address (Line 2) *Optional	SUITE 400
	City	BOSTON

State/Province	MASSACHUSETTS
Postal Zone/ZIP Code	02210
Country/Region	UNITED STATES OF AMERICA

Why She will live with her host family in Fairfax, so she gives their address. Her sponsor pays for the trip, so she names it as the payer with the relationship Sponsor.

For your application Give the address where you will actually live. Check with your sponsor what it pays for, and name whoever is actually paying.

8.1 *Contact Person or Organization in the United States*

Contact Person

Surnames	BENNETT
Given Names	CAROL

Organization Name

Organization Name	HOMESTEAD AU PAIR EXCHANGE

8.2 Relationship To You — OTHER

Why Her contact is a named person at her sponsor's office in Boston. The relationship list has no option for a sponsor, so she chooses Other.

For your application Name a person or organisation in the U.S. who knows about your program, and give their real address and phone.

19.1 SEVIS ID — N0052946173

Why She copies the SEVIS ID from the DS-2019 her sponsor sent her. It starts with N.

For your application Copy the SEVIS ID from your own DS-2019, character by character. You need the same number to pay the SEVIS fee.

19.2 *Exchange Visitor Program*

Program Number	P-3-08127
Do you intend to study in the U.S.?	Yes

19.3 *Provide additional information below:*

Name of School	FAIRFAX VALLEY COMMUNITY COLLEGE
Course of Study	AU PAIR PARTICIPANT CONTINUING EDUCATION COURSES
Street Address Line 1	2700 COLLEGE CREEK RD
Street Address Line 2	*Not answered*
City	FAIRFAX
State	VIRGINIA
Postal Zone/ZIP Code	22030

Why Au pairs take college courses during their year, so she answers Yes to studying and gives the community college near her host family.

For your application Copy the program number from your DS-2019. If you will study, give the school you plan to attend, and check with your sponsor or host family which one that is.

18.1 *Additional Point of Contact Information*

(1)

Surnames	ALMEIDA
Given Names	TERESA
Street Address Line 1	RUA PIAUI 655
Street Address Line 2	FUNCIONARIOS
City	BELO HORIZONTE
State/Province	MINAS GERAIS
Postal Zone/ZIP Code	30150-320
Country/Region	BRAZIL
Telephone Number	553135550127
Email Address	TERESA.ALMEIDA@EXAMPLE.COM

(2)

Surnames	RIBEIRO
Given Names	HELENA
Street Address Line 1	AVENIDA ANTONIO CARLOS 6627
Street Address Line 2	PAMPULHA
City	BELO HORIZONTE

State/Province	MINAS GERAIS
Postal Zone/ZIP Code	31270-901
Country/Region	BRAZIL
Telephone Number	553135550109
Email Address	HELENA.RIBEIRO@EXAMPLE.COM

Why She names two people in Brazil who know her: one at the preschool where she works and one at her university.

For your application Choose people in your home country who know you and can confirm what you wrote, not relatives. Have their addresses, phones and emails ready.

10.1	Primary Occupation	EDUCATION
	Present Employer or School Information	
	Present Employer or School Name	ESCOLA INFANTIL PEQUENO JARDIM
	Present Employer or School Address	
	Street Address (Line 1)	RUA PIAUI 655
	Street Address (Line 2)	FUNCIONARIOS
	City	BELO HORIZONTE
	State/Province	MINAS GERAIS
	Postal Zone / ZIP Code	30150-320
	Country / Region	BRAZIL
	Phone Number	553135550127
	Start Date	February 15, 2025
	Monthly Income in Local Currency (if employed)	2400
	Briefly describe your duties	PRESCHOOL ASSISTANT; CARE FOR CHILDREN AGED 2 TO 5, LEAD PLAY AND READING ACTIVITIES AND HELP AT MEALTIMES

Why She still works as a preschool assistant in Belo Horizonte, so she chooses Education, names the school and gives her monthly income.

For your application Describe the job you have on the day you fill in the form, even if you will leave it to become an au pair.

17.4	Are you a former exchange visitor (J) who has not yet fulfilled the two-year foreign residence requirement?	No

Why This is her first J-1 program, so she has no two-year home residence requirement from an earlier one, and the answer is No.

For your application This asks about an earlier stay as an exchange visitor. If you have had one, check your old DS-2019 and visa for a note about the two-year requirement.

Common questions about this example

Why does an au pair answer Yes to studying in the U.S.?
The au pair program includes courses at a college during your year. Mariana answers Yes and names the community college she plans to attend near her host family.

Where do I find my SEVIS ID and program number?
Both are on the Form DS-2019 your sponsor sends you. You need the DS-2019 before you can apply for a J-1 visa.
Official source travel.state.gov

Do I give my host family's address or my sponsor's?
Both, in different places. The address where you will stay is your host family's. Mariana gives her sponsor as the payer and as her U.S. contact, with its office address.

Who are the contacts in my home country?
The form asks for people in your home country who know you, such as a supervisor or a teacher. Mariana names one person at the preschool where she works and one at her university.

The completed DS-160, question by question

1 Personal Information - Part 1

1.1	Surname	COSTA PEREIRA
1.2	Given Names	MARIANA
1.3	Full Name in Native Alphabet	*Does Not Apply/Technology Not Available*
1.4	Have you ever used other names (i.e., maiden, religious, professional, alias, etc.)?	No
1.5	Do you have a telecode that represents your name?	No
1.6	Sex	FEMALE
1.7	Marital Status	SINGLE
1.8	Date of Birth	August 31, 2003
1.9	City of Birth	BELO HORIZONTE
1.10	State/Province of Birth	MINAS GERAIS
1.11	Country/Region of Birth	BRAZIL

2 Personal Information - Part 2

2.1	Country/Region of Origin (Nationality)	BRAZIL
2.2	Do you hold or have you held any nationality other than the one indicated above on nationality?	No
2.3	Are you a permanent resident of a country/region other than your country/ region of origin (nationality) indicated above?	No
2.4	National Identification Number	15738294062
2.5	U.S. Social Security Number	*Does Not Apply*
2.6	U.S. Taxpayer ID Number	*Does Not Apply*

3 Purpose of Visa

3.1	*Purpose of Visit*	
	Purpose of Trip to the U.S.	EXCHANGE VISITOR (J)
	Specify Visa	EXCHANGE VISITOR (J1)
3.2	Have you made specific travel plans?	No
	Please provide an explanation of your travel plans.	
	Arrival Date	February 11, 2027
	Intended length of stay in the U.S.	12
	Time period	MONTH(S)
3.3	*Address where you will stay in the U.S.*	
	Address Line 1	4118 MAPLE RIDGE RD
	Address Line 2	*Not answered*
	City	FAIRFAX
	State	VIRGINIA
	Zip Code	22030
	Person/Entity Paying for Your Trip	OTHER COMPANY/ORGANIZATION
	Provide the following information:	
	Name of Company/Organization Paying for Trip	HOMESTEAD AU PAIR EXCHANGE
	Telephone Number	6175550142

Relationship to You	SPONSOR
Address of Company/Organization Paying for Trip	
Street Address (Line 1)	880 CONGRESS ST
Street Address (Line 2) *Optional	SUITE 400
City	BOSTON
State/Province	MASSACHUSETTS
Postal Zone/ZIP Code	02210
Country/Region	UNITED STATES OF AMERICA

4 Travel Companions

4.1	Are there other persons traveling with you?	No

5 Previous U.S. Travel History

5.1	Have you ever been in the U.S.?	No
5.2	Have you ever been issued a U.S. Visa?	No
5.3	Have you ever been refused a U.S. Visa, or been refused admission to the United States, or withdrawn your application for admission at the port of entry?	No
5.4	Have you ever been denied travel authorization by the Department of Homeland Security through the Electronic System for Travel Authorization (ESTA)?	No
5.5	Has anyone ever filed an immigrant petition on your behalf with the United States Citizenship and Immigration Services?	No

6 Address and Phone Details

6.1	*Home Address*	
	Street Address (Line 1)	RUA DOS TUPIS 1040, APTO 302
	Street Address (Line 2)	CENTRO
	City	BELO HORIZONTE
	State/Province	MINAS GERAIS
	Postal Zone/ZIP Code	30190-060
	Country/Region	BRAZIL
6.2	Is your Mailing Address the same as your Home Address?	Yes
6.3	*Phone*	
	Primary Phone Number	5531955550162
	Secondary Phone Number	*Does not apply*
	Work Phone Number	*Does not apply*
6.4	Have you used any other phone numbers in the last five years?	No
6.5	Email Address	MARIANA.PEREIRA@EXAMPLE.COM
6.6	Have you used any other email addresses in the last five years?	No

6.7 *Social Media*

Social Media Provider/Platform	*Link to Social Media Profile*
INSTAGRAM	HTTPS://WWW.INSTAGRAM.COM/MARIANA.PEREIRA.BH

6.8	Do you wish to provide information about your presence on any other websites or applications you have used within the last five years to create or share content (photos, videos, status updates, etc.)?	No

7 Passport Information

7.1	Passport/Travel Document Type	REGULAR
7.2	Passport/Travel Document Number	GC731826
7.3	Passport Book Number	*Does not apply*
7.4	Country/Authority that Issued Passport/ Travel Document	BRAZIL
7.5	*Where was the Passport/Travel Document Issued?*	
	City	BELO HORIZONTE
	State/Province *If shown on passport	MINAS GERAIS
	Country/Region	BRAZIL
	Issuance Date	June 15, 2026
	Expiration Date	June 14, 2036
7.6	Have you ever lost a passport or had one stolen?	No

8 US Contact Information

8.1	*Contact Person or Organization in the United States*	
	Contact Person	
	Surnames	BENNETT
	Given Names	CAROL
	Organization Name	
	Organization Name	HOMESTEAD AU PAIR EXCHANGE
8.2	Relationship To You	OTHER
8.3	*Address and Phone Number of Point of Contact*	
	U.S. Street Address (Line 1)	880 CONGRESS ST
	U.S. Street Address (Line 2)	SUITE 400
	City	BOSTON
	State	MASSACHUSETTS
	ZIP Code (if known)	02210
	Phone Number	6175550142
	Email Address	CAROL.BENNETT@EXAMPLE.COM

9 Family Information

9.1	*Father's Full Name and Date of Birth*	
	Surnames	PEREIRA
	Given Names	ANTONIO
	Date of Birth	February 23, 1975
	Is your father in the U.S.?	No
9.2	*Mother's Full Name and Date of Birth*	
	Surnames	COSTA PEREIRA

	Given Names	LUCIANA
	Date of Birth	May 10, 1978
	Is your mother in the U.S.?	No
9.3	Do you have any immediate relatives, not including parents, in the United States?	No
	Do you have any other relatives in the United States?	No

10 Current Occupation

10.1	Primary Occupation	EDUCATION
	Present Employer or School Information	
	Present Employer or School Name	ESCOLA INFANTIL PEQUENO JARDIM
	Present Employer or School Address	
	Street Address (Line 1)	RUA PIAUI 655
	Street Address (Line 2)	FUNCIONARIOS
	City	BELO HORIZONTE
	State/Province	MINAS GERAIS
	Postal Zone / ZIP Code	30150-320
	Country / Region	BRAZIL
	Phone Number	553135550127
	Start Date	February 15, 2025
	Monthly Income in Local Currency (if employed)	2400
	Briefly describe your duties	PRESCHOOL ASSISTANT; CARE FOR CHILDREN AGED 2 TO 5, LEAD PLAY AND READING ACTIVITIES AND HELP AT MEALTIMES

11 Previous Occupation

11.1	Were you previously employed?	No
11.2	Have you attended any educational institutions at a secondary level or above?	Yes
	Provide the following information on the educational institution(s) you have attended.	
	Name of Institution	UNIVERSIDADE FEDERAL DE MINAS GERAIS
	Address	
	Street Address (Line 1)	AVENIDA ANTONIO CARLOS 6627
	Street Address (Line 2)	PAMPULHA
	City	BELO HORIZONTE
	State/Province	MINAS GERAIS
	Postal Zone/ZIP Code	31270-901
	Country	BRAZIL
	Course of Study	EDUCATION
	Date of Attendance From	March 20, 2021
	Date of Attendance To	December 25, 2024

12 Additional Occupation Details

12.1	Do you belong to a clan or tribe?	No

12.2 *Provide a List of Languages You Speak*

Language Name
PORTUGUESE
ENGLISH

12.3	Have you traveled to any countries/ regions within the last five years?	Yes

Provide a List of Countries/Regions Visited

Country/Region
ARGENTINA

12.4	Have you belonged to, contributed to, or worked for any professional, social, or charitable organization?	No
12.5	Do you have any specialized skills or training, such as firearms, explosives, nuclear, biological, or chemical experience?	No
12.6	Have you ever served in the military?	No
12.7	Have you ever served in, been a member of, or been involved with a paramilitary unit, vigilante unit, rebel group, guerrilla group, or insurgent organization?	No

13 Security Background - Part 1

13.1	Do you have a communicable disease of public health significance? (Communicable diseases of public significance include chancroid, gonorrhea, granuloma inguinale, infectious leprosy, lymphogranuloma venereum, infectious stage syphilis, active tuberculosis, and other diseases as determined by the Department of Health and Human Services.)	No
13.2	Do you have a mental or physical disorder that poses or is likely to pose a threat to the safety or welfare of yourself or others?	No
13.3	Are you or have you ever been a drug abuser or addict?	No

14 Security Background - Part 2

14.1	Have you ever been arrested or convicted for any offense or crime, even though subject of a pardon, amnesty, or other similar action?	No
14.2	Have you ever violated, or engaged in a conspiracy to violate, any law relating to controlled substances?	No
14.3	Are you coming to the United States to engage in prostitution or unlawful commercialized vice or have you been engaged in prostitution or procuring prostitutes within the past 10 years?	No
14.4	Have you ever been involved in, or do you seek to engage in, money laundering?	No

14.5	Have you ever committed or conspired to commit a human trafficking offense in the United States or outside the United States?	No
14.6	Have you ever knowingly aided, abetted, assisted or colluded with an individual who has committed, or conspired to commit a severe human trafficking offense in the United States or outside the United States?	No
14.7	Are you the spouse, son, or daughter of an individual who has committed or conspired to commit a human trafficking offense in the United States or outside the United States and have you within the last five years, knowingly benefited from the trafficking activities?	No

15 Security Background - Part 3

15.1	Do you seek to engage in espionage, sabotage, export control violations, or any other illegal activity while in the United States?	No
15.2	Do you seek to engage in terrorist activities while in the United States or have you ever engaged in terrorist activities?	No
15.3	Have you ever or do you intend to provide financial assistance or other support to terrorists or terrorist organizations?	No
15.4	Are you a member or representative of a terrorist organization?	No
15.5	Are you the spouse, son, or daughter of an individual who has engaged in terrorist activity, including providing financial assistance or other support to terrorists or terrorist organizations, in the last five years?	No
15.6	Have you ever ordered, incited, committed, assisted, or otherwise participated in genocide?	No
15.7	Have you ever committed, ordered, incited, assisted, or otherwise participated in torture?	No
15.8	Have you committed, ordered, incited, assisted, or otherwise participated in extrajudicial killings, political killings, or other acts of violence?	No
15.9	Have you ever engaged in the recruitment or the use of child soldiers?	No

15.10	Have you, while serving as a government official, been responsible for or directly carried out, at any time, particularly severe violations of religious freedom?	No
15.11	Have you ever been directly involved in the establishment or enforcement of population controls forcing a woman to undergo an abortion against her free choice or a man or a woman to undergo sterilization against his or her free will?	No
15.12	Have you ever been directly involved in the coercive transplantation of human organs or bodily tissue?	No

16 Security Background - Part 4

16.1	Have you ever been the subject of a removal or deportation hearing?	No
16.2	Have you ever sought to obtain or assist others to obtain a visa, entry into the United States, or any other United States immigration benefit by fraud or willful misrepresentation or other unlawful means?	No
16.3	Have you failed to attend a hearing on removability or inadmissibility within the last five years?	No
16.4	Have you ever been unlawfully present, overstayed the amount of time granted by an immigration official or otherwise violated the terms of a U.S. visa?	No
16.5	Have you ever been removed or deported from any country?	No

17 Security Background - Part 5

17.1	Have you ever withheld custody of a U.S. citizen child outside the United States from a person granted legal custody by a U.S. court?	No
17.2	Have you voted in the United States in violation of any law or regulation?	No
17.3	Have you ever renounced United States citizenship for the purposes of avoiding taxation?	No
17.4	Are you a former exchange visitor (J) who has not yet fulfilled the two-year foreign residence requirement?	No
17.5	Have you attended a public elementary school on student (F) status or a public secondary school after November 30, 1996 without reimbursing the school?	No

18 Student Visa Details - Part 1

18.1 *Additional Point of Contact Information*

(1)

Surnames	ALMEIDA
Given Names	TERESA
Street Address Line 1	RUA PIAUI 655
Street Address Line 2	FUNCIONARIOS
City	BELO HORIZONTE
State/Province	MINAS GERAIS
Postal Zone/ZIP Code	30150-320
Country/Region	BRAZIL
Telephone Number	553135550127
Email Address	TERESA.ALMEIDA@EXAMPLE.COM

(2)

Surnames	RIBEIRO
Given Names	HELENA
Street Address Line 1	AVENIDA ANTONIO CARLOS 6627
Street Address Line 2	PAMPULHA
City	BELO HORIZONTE
State/Province	MINAS GERAIS
Postal Zone/ZIP Code	31270-901
Country/Region	BRAZIL
Telephone Number	553135550109
Email Address	HELENA.RIBEIRO@EXAMPLE.COM

19 Student Visa Details - Part 2

19.1	SEVIS ID	N0052946173
19.2	*Exchange Visitor Program*	
	Program Number	P-3-08127
	Do you intend to study in the U.S.?	Yes
19.3	*Provide additional information below:*	
	Name of School	FAIRFAX VALLEY COMMUNITY COLLEGE
	Course of Study	AU PAIR PARTICIPANT CONTINUING EDUCATION COURSES
	Street Address Line 1	2700 COLLEGE CREEK RD
	Street Address Line 2	*Not answered*
	City	FAIRFAX
	State	VIRGINIA
	Postal Zone/ZIP Code	22030

20 Preparer of Application

20.1	Did anyone assist you in filling out this application?	No

Ready to fill in your own?

Answer the questions in plain language and save as you go. DS160.io then fills in your DS-160 on the official site for you. Filing is free for individuals.

Start my DS-160 for free
www.ds160.io/individuals

Preparing DS-160s for clients? See DS160.io for immigration firms
www.ds160.io/immigration-firms